



July 2011

Track and Field !!

Dear Third through Eighth grade students and their parents:

Those 3rd through 8th graders interested in joining the 2012 MTS Track and Field Program should fill out the attached MTS Track and Field Permission Slip. **Please return this permission slip to the office by Friday, January 27, 2012.**

Dates: March 19 – May 30

Practices: Mondays and Wednesdays from 3:15 p.m. - 4:15 p.m.

Meets 6th, 7th, 8th Grade-- Sunday, late April (CYO Meet)

(Predicted dates): Friday, late April (Marin County Meet) (9:00 a.m.-2:30 p.m.)

Friday, early May (Marin County Meet)(9:00 a.m.-2:30 p.m.)

Sunday, mid-May (9:00 a.m.-11:30 a.m.)(CYO Meet)

3rd, 4th, 5th Grade-- Sunday, early May (12:00 p.m.-4:00 p.m.)(CYO Meet)

Sunday, mid-May (12:00 p.m.-4:00 p.m.)(CYO Meet)

6th, 7th, 8th Grade: 100, 200, 600, 800, 1200,1600, 4 x 100 RELAY, 4 x 400 RELAY, long jump, high jump, and shot put

3rd, 4th, 5th Grade: 50, 100, 200, 400, 800, 4x 100 RELAY, 4 x 400 RELAY, long jump, softball throw

MTS has always had outstanding performances by our sixth, seventh, and eighth graders, and our teams has won nearly every Marin County CYO team championship for the last decade. So come out and join this winning tradition and have some fun!

Our Track and Field uniforms are simply our P.E. uniforms and they must be worn to every practice and every meet.

Thanks.

Cathal Murray, Dave Hay and Jennifer Bennett

2011-2012 MTS TRACK AND FIELD PERMISSION SLIP

(Please attach a check for \$85, and return to the office by Friday, January 27, 2012)

I hereby give _____ my full permission to participate in any and all MTS Track and Field practices and meets, and permission to travel in a school appointed carpool to meets away from MTS.

Signature

Date

**2011-2012 MTS TRACK AND FIELD
PARENT VOLUNTEER SIGN-UP FORM**
(Please fill out and return to the office by January 27, 2012)

I _____ would like to volunteer to be

Track and Field

_____ Event Sticker Crew
_____ Timing Crew
_____ Long Jump Crew
_____ Team Parent
_____ General Assistant

Parent Volunteer Duties

Event Sticker Crew

- Arrive 30 minutes before the scheduled start time of the Track Meet.
- Help hand out event stickers.

Timing Crew

- Help with the stopwatch system at the finish line
- Help organize runners at the finish line

Long Jump Crew

- Help with the set up of one of the long jump pits
- Help organize the jumpers as they wait in line
- Help with the measuring and recording

Team Parent

- Make phone calls for schedule changes
- Help arrange carpools

General Assistant

- Help wherever needed

* We appreciate the enthusiasm shown for our athletic program, however, we will not be able to accommodate all requests.