



July 2011

Dear Third through Eighth Grade Parents,

The 2011-2012 Cross Country Season will start Wednesday, September 7, and will continue through Wednesday, November 9. All 3rd through 8th grade students are eligible. Practices will be held on Mondays and Wednesdays from 3:15 p.m. - 4:15 p.m. Most meets will be held on Wednesdays, Thursdays or Fridays from 4:00 p.m. – 5:00 p.m.

Runners must, of course, wear their P.E. uniforms and athletic shoes to all practices and meets.

Please fill out and return the attached Cross Country Permission Slip and a check for \$75 (which covers the league fees, equipment, etc.) by Monday, July 18, 2011.

Thanks. GO BEARS!

Cathal Murray and Dave Hay

2011-2012 MTS CROSS COUNTRY PERMISSION SLIP

(Please attach a check for \$85, and return to the MTS Office no later than Monday, July 18, 2011)

_____ has my permission to join the **Mount Tamalpais School Cross Country Team**, attend all practices, run through the school's neighborhood, and compete in all meets.

(Parent's Signature)

(Date)